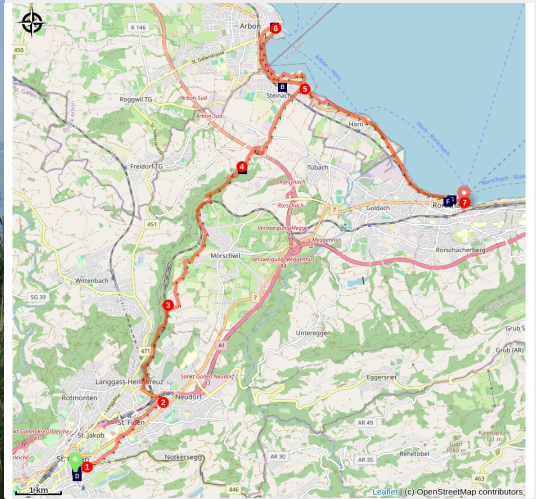


Sankt Gallen to Rorschach

Switzerland - Sankt Gallen



Bodensee (Amis St Colomban)



After the mid-mountain, the atmosphere changes with the return to the plain and the presence of water along the Steinach and, finally, the immense Lake Constance, which looks like an inland sea surrounded by mountains.

Begun in the Mülhenenschlucht gorge where Gallus founded his hermitage in 612, the stage crosses beautiful districts of Sankt Gallen followed by Sankt Fiden before reaching the green Steinach valley to follow it more or less. At the top of a hillside in the valley, Lake Constance suddenly appears in its mountain setting.

Useful information

Practice : Pedestrian

Duration : 6 h

Length : 23.4 km

Trek ascent : 239 m

Difficulty : Easy

Type : Step

Themes : 610, Water, St Colomban

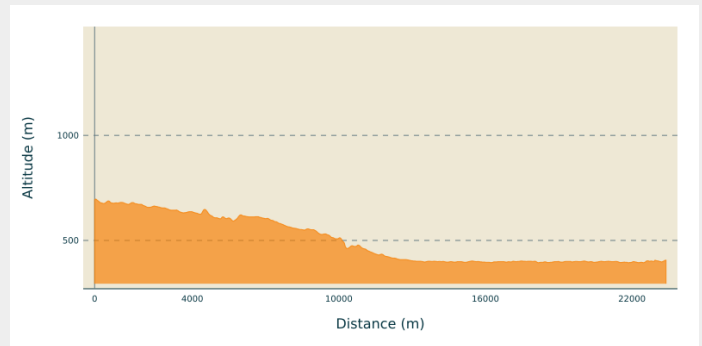
Trek

Departure : Abbey church, Klosterhof,
9001 St Gallen

Arrival : St Colomban Church,
Kirchstrasse 1, 9400 Rorschach

Cities : 1. Sankt Gallen
2. Thurgau

Altimetric profile



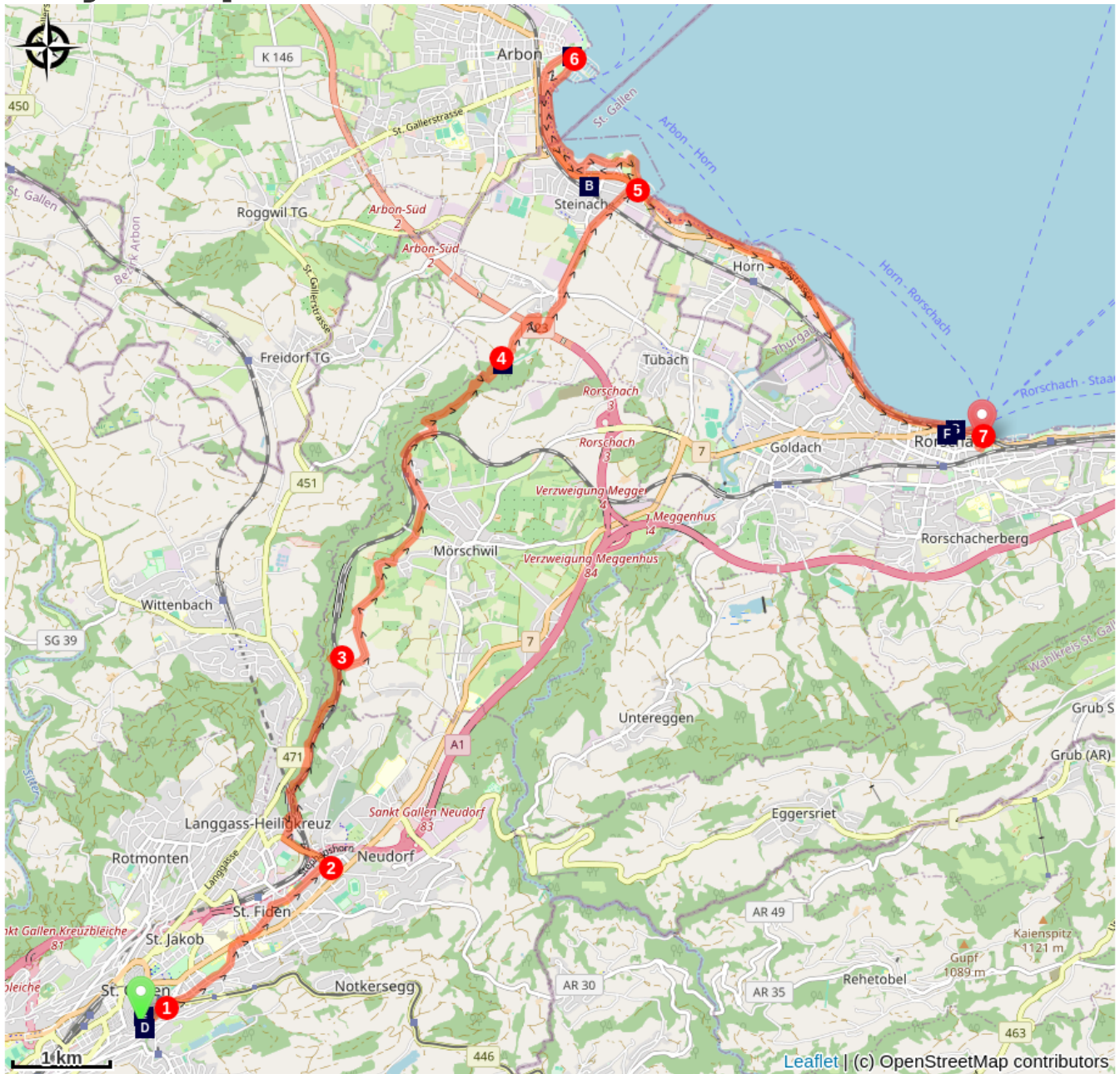
Min elevation 394 m Max elevation 697 m





At the eastern end of Gallusplatz, take St Georgen Strasse and then Moosbruggstrasse to reach the Spisertor roundabout:




1. Turn into the first street on the right (Linsebühlstrasse) followed to the end (Kirche Linsebühl). Continue along the axis (Flurhofstrasse and Tempelackerstrasse) along the hospital to reach road N°7 (Rorschacher Strasse). At the crossroads (traffic lights), turn left (Splügenstrasse) and immediately right (Oststrasse). Take the second street on the right (Lindenstrasse) followed until the crossroads with Lukasstrasse.
2. Turn left (Lukasstrasse). The route crosses a railway track leaving the main street on the right (Espentobelstrasse) before a bend to the left. Continue the bicycle / pedestrian track at the end of the dead-end road that crosses under the railway and on the Steinach before following the river and a new railway. At one point, the Wanderweg marked trail makes a sharp turn to cut the railway and leave the valley.
3. Continue on the plateau towards the north and Mörschwil where the route approaches the railway, crosses it again to reach the bottom of the valley and go up again opposite the ruins of Steinerburg Castle where Lake Constance appears. In the farm below, turn right (Höhenweg).
4. Go down into the fruit trees (Burgstrasse), cross the motorway and, after the first house in Obersteinach, turn left behind the pedestrian path (marked) that goes down and crosses the Steinach river. Follow the river on its right bank until you reach the lake road in Steinach.
5. If you want to go directly to Rorschach, turn right on the track by the lake. Otherwise, to go to Arbon, take the track on the left along road N°13 (Hauptstrasse). At the bridge under the railway, continue along the axis (Bahnhofstrasse) until you reach St Martin's church and especially the St Gallus chapel, an important objective of this detour.

6. To reach Rorschach, follow the track along the bank and the road (Seestrasse) at the exit of Horn.
7. At the end of the marina of Rorschach, cross the railway (Seestrasse), turn left onto Hauptstrasse and take the first street on the right (Kirchestrasse) which arrives at the church of St Colomban.

On your path...



-  Steinerburg Castle (A)
-  Saint Gall's Chapel (C)
-  Abbey of St. Gallen (E)
-  Kornhaus Museum (G)

-  Saint James Church (B)
-  Muelenen Gorge (D)
-  Fountain of Jacques (F)

All useful information

On your path...



Steinerburg Castle (A)

Ruin of a castle built in the 12th century by the Lords of Steinach. It came under the control of the abbey of St Gall from 1577 to 1805.

[More about it.](#)



Saint James Church (B)

Steinach is first mentioned in 769 in connection with the transfer of the Otmar body from the Isle of Werd (at the outlet of the Rhine from Lake Constance) to St. Gallen. Otmar was condemned to starvation in 759, then pardoned and sentenced to life imprisonment on this island, where he died the same year. Ten years later, the monks of the monastery of St. Gallen repatriated the body of its founder to their monastery.



Saint Gall's Chapel (C)

Chapel dedicated to Saint Gall whose origin dates back to the 13th century. An important crossroads of Roman roads and called Arbor Felix at that time, Arbon is of great importance for Kolumban and Gallus. When Kolumban and his monks settled in Arbon in 610, they encountered a Christian community in this fortified village called Castrum. Gallus later died in Arbon in 627.



Muelenen Gorge (D)

Gorge where St. Gallen founded his hermitage around 610 which is at the origin of the city of St. Gallen.

[Read more about it.](#)



Abbey of St. Gallen (E)

It was founded by Otmar in 719 on the site of the hermitage of St. Gallen, who died in 646. Few remains of the medieval abbey. Most of the buildings, including the abbey church, were built between 1755 and 1768 in the Baroque style.

[For more information.](#)



Fountain of Jacques (F)

Since the year 1000, Rorschach has been a crossing point for many pilgrims, especially to Santiago de Compostela but also to Einsiedeln. On today's Kronenplatz stood the Jakobskapelle, a resting place for pilgrims which was demolished in 1833. The James Fountain (Jakobsbrunnen) was built as a memorial. To this day, the fountain bell still rings the Angelus twice a day.



Kornhaus Museum (G)

The settlement on the shores of Lake Constance dates back to the Stone Age in the form of lake cities. The shores were occupied by the Romans before the arrival of the Alemanni, who founded Rorschach. The museum shows illustrations of these cities and the history of the region.