

### **St-Coulomb to Le Vivier-sur-Mer**

France - Bretagne







Plage du Guesclin (Amis Bretons de Colomban)

# Towards the Bay of Mont St Michel and the Dol marshes.

Per questa tappa non è necessaria l'attrezzatura da montagna.

Partendo da Plage du Guesclin a St Coulomb, si dirige verso la baia di Mont St Michel.

Dopo uno sguardo al "rocher de l'évèque", visibile al largo con la bassa marea, si attraversa il Clos Poulet (altitudine media: 40 m), quindi si raggiunge la diga della Duchesse Anne (altitudine costante di 9 m) che delimita la baia di Mont St Michel.

#### **Useful information**

Practice : Pedestrian

Duration : 5 h

Length : 19.7 km

Trek ascent : 150 m

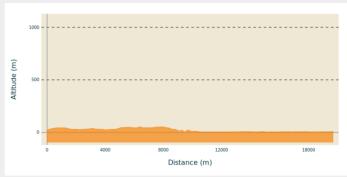
Difficulty : Medium

Type : Step

# Trek

**Departure** : Croix St-Colomban, Anse Duguesclin, 35350 St-Coulomb **Arrival** : Place de l'église, 35960 Le Vivier sur Mer **Cities** : 1. Bretagne

### **Altimetric profile**



Min elevation 4 m Max elevation 53 m

Start out along the coast road, towards St Malo:

- 1. At the top of the hill, turn right onto the path that forms a loop and allows you to avoid the traffic.
- 2. Cross the coastal road and take the departmental road towards St Coulomb
- 3. After the apple field, take the track on your right. This takes you to the place known as "l'Hermitage" (a trace of an ancient hermitage?). Continue along the road and cross the D74
- 4. Turn left, go through the village of Ville-Huet as far as the wall of the Ville-Bague park and head towards the village of St-Coulomb.
- 5. As you leave the village, turn right towards the cemetery. Continue as far as the calvary and turn left into Rue du Fresne. Continue as far as the village of Le Fresne.
- 6. Turn left, cross the Croix Blanche crossroads (white-painted granite calvary) and continue as far as Bois du Père.
- 7. After Le Bois du Père, take the track on the right and follow it to the road, then turn right.
- 8. Turn left onto the farm track. Follow it to the outskirts of Cancale.
- 9. Cross the D76 and after a few dozen metres, take the track on the right (white/ red markings). Follow this track to the Route de la Baie.
- 10. Take the road towards the Karting, then the signposted path on the left. You can also continue along the route de la baie as far as the entrance to St Benoît des Ondes.
- 11. From St Benoît the signposted path follows the Duchesse Anne dyke, which separates the bay from the Dol marshes.
- 12. At the entrance to the town, turn right at the calvary to reach the church.

# On your path...



- A Malouinière de la Ville Bague (A)
- St Coulomb's Church (B)
- Duchess Anne's Dyke (C)

# **All useful information**

#### How to come ?

#### Access

Access to the monument commemorating St Colomban's landing on the mainland via the D201 coastal road from St Malo to Cancale. Small car park nearby.

Le Guesclin beach is accessible by bus during the summer season. <u>To find out more</u>

## On your path...



### Malouinière de la Ville Bague (A)

The malouinières are country residences built by privateers and shipowners from Saint Malo at the end of the 17th century. They are located less than 2 hours' ride from St Malo and many were built by Garangeau, a pupil of Vauban. There are more than twenty in the commune of St Coulomb.

The panoramic wallpaper in the living room, dating from 1820 and depicting Pizarre's arrival among the Incas, is a listed historic monument (manufactured by Dufour et Leroy). The park also includes a dovecote and a semi-enclosed chapel dedicated to St Sophia.

#### To find out more

Attribution : alain.faverais



### St Coulomb's Church (B)

#### In the church you can see

**a monochrome wooden** statue of St Colomban. It predates 1820 (previous church). The base of this statue contains two relics of St Columban, one of which was presented to Father Michel, the parish priest of St Coulomb, by Monsignor Ambrioso, Bishop of Bobbio, in July 2017, on the occasion of Columban's Day 2017 in Pianello Val Tidone.

**the curragh**: displayed in front of the gallery, it is used during the pardon procession and was made by a member of the association "Les Amis Bretons de Colomban" in 2015. The curragh is the ship used by the monks to travel between Ireland and the continent.

**the banner**: recently made, it evokes the arrival of St Colomban

**The wooden bas-relief** at the foot of the altar: This depicts the arrival of St Columban on the beach, awaited by the local people. It was made in 1953

**the stained glass window** of St Colomban in the choir, made in 1868 by the master stained glass artist Ernest Steizi.

At the end of the village in the direction of Cancale: statue of St Colomban dating from 2000 and donated by Martine Latimier and Bertram Wawera.

Attribution : Amis Bretons de Colomban



### <sup>o</sup> Duchess Anne's Dyke (C)

The Digue de la Duchesse Anne is a dyke built on the ancient barrier beaches that separated the bay from the marshes of Dol de Bretagne. It stretches for around thirty kilometres as far as Ste Anne's chapel.

Construction probably began in the 11th century and continued over the following centuries, transforming the marshes into polders.

A comparison of the ground levels on the bay side and the polder side confirms that the bay has silted up.

Attribution : Amis Bretons de Colomban