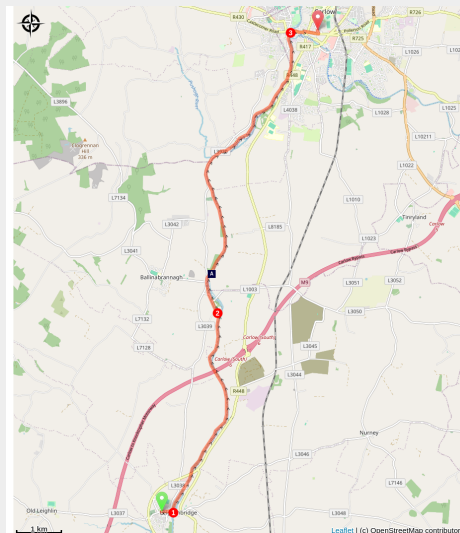


Leighlinbridge to Carlow

Ireland - Carlow



Useful information

Practice : Pedestrian

Duration : 4 h

Length : 13.9 km

Trek ascent : 83 m

Difficulty : Easy

Type : Step

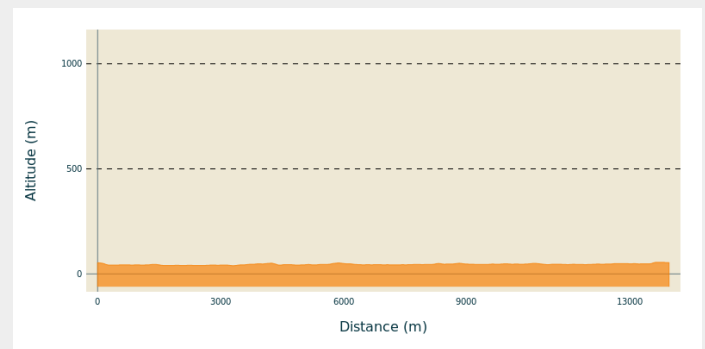
Trek

Departure : Saint Laserian's church

Arrival : Cathedral of Sainte-Marie

Cities : 1. Carlow

Altimetric profile

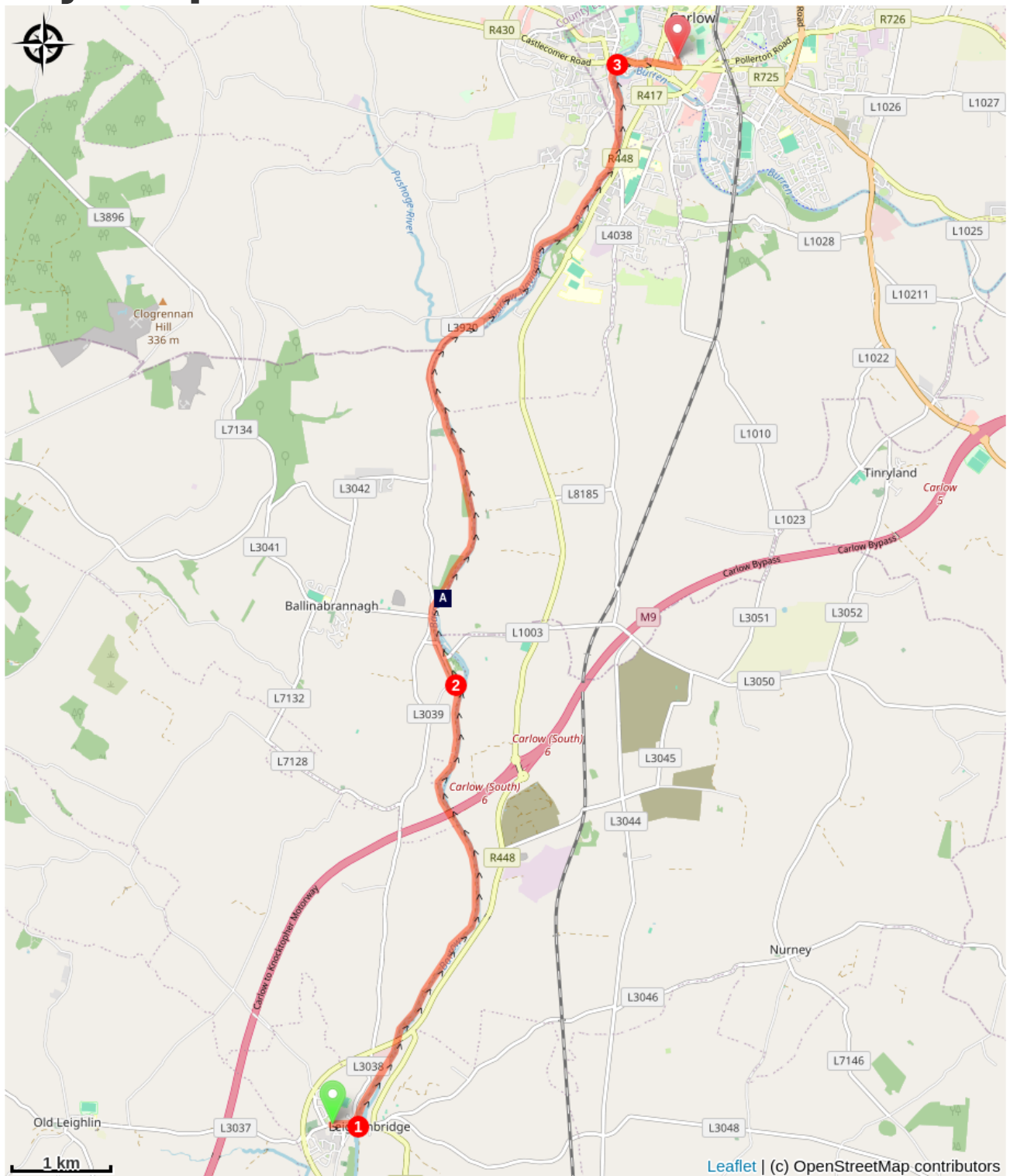


Min elevation 39 m Max elevation 55 m

From the church, reach the bridge over the River Barrow:

1. Turn left to follow the west bank of the River Barrow. Still on this bank, the track passes under the R448 road and later under the M9 motorway.
2. The river is lined by a canal at a footbridge: continue along the canal before following the River Barrow again along a footpath to Carlow, which is reached at the end by a small Castelview road.
3. At the end, turn right over the bridge towards the cathedral, whose spire is visible. Take the main street which leaves the castle on the right and continues into Kennedy Street. At the next bend, turn left onto Castle Street, which continues into Tullow Street, then left onto College Street before the tourist office to reach the cathedral.

On your path...



 River Barrow (A)

All useful information

How to come ?

Transports

Carlow has good public rail links to other cities.

Bus Éireann and Rapid Express Coaches provide multiple services to Dublin and Waterford every day. Buses stop at several points along the route.

[Find out more here](#)

On your path...



⏪ River Barrow (A)

The River Barrow is a river that rises at Glenbarrow in the Slieve Bloom Mountains of County Laois and flows through a wide estuary into the Celtic Sea south-east of Waterford. It is channelled and bordered by a towpath which allows a pleasant ascent to Carlow.

[Find out more about it.](#)

Attribution : Amis St Colomban