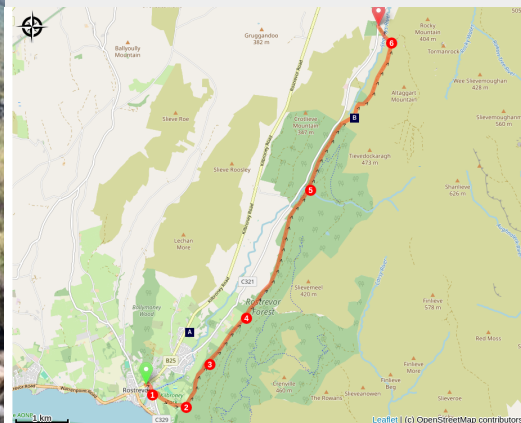


Rostrevor to Leitrim Lodge

Ireland - Louth



From the seaside, a gradual ascent into the Mourne mountains, again using the Patrick's Way or Mourne Way signposts.

There are no small roads to be travelled, just more or less wide paths through the forest at the foot of the mountains before discovering more open spaces at the end.

Useful information

Practice : Pedestrian

Duration : 3 h

Length : 10.2 km

Trek ascent : 329 m

Difficulty : Medium

Type : Multi-day trek

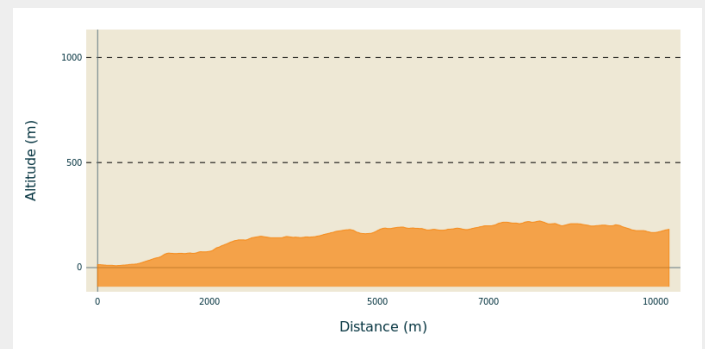
Trek

Departure : Saint-Bronach church

Arrival : Parking

Cities : 1. Louth
2. Newry and Mourne

Altimetric profile

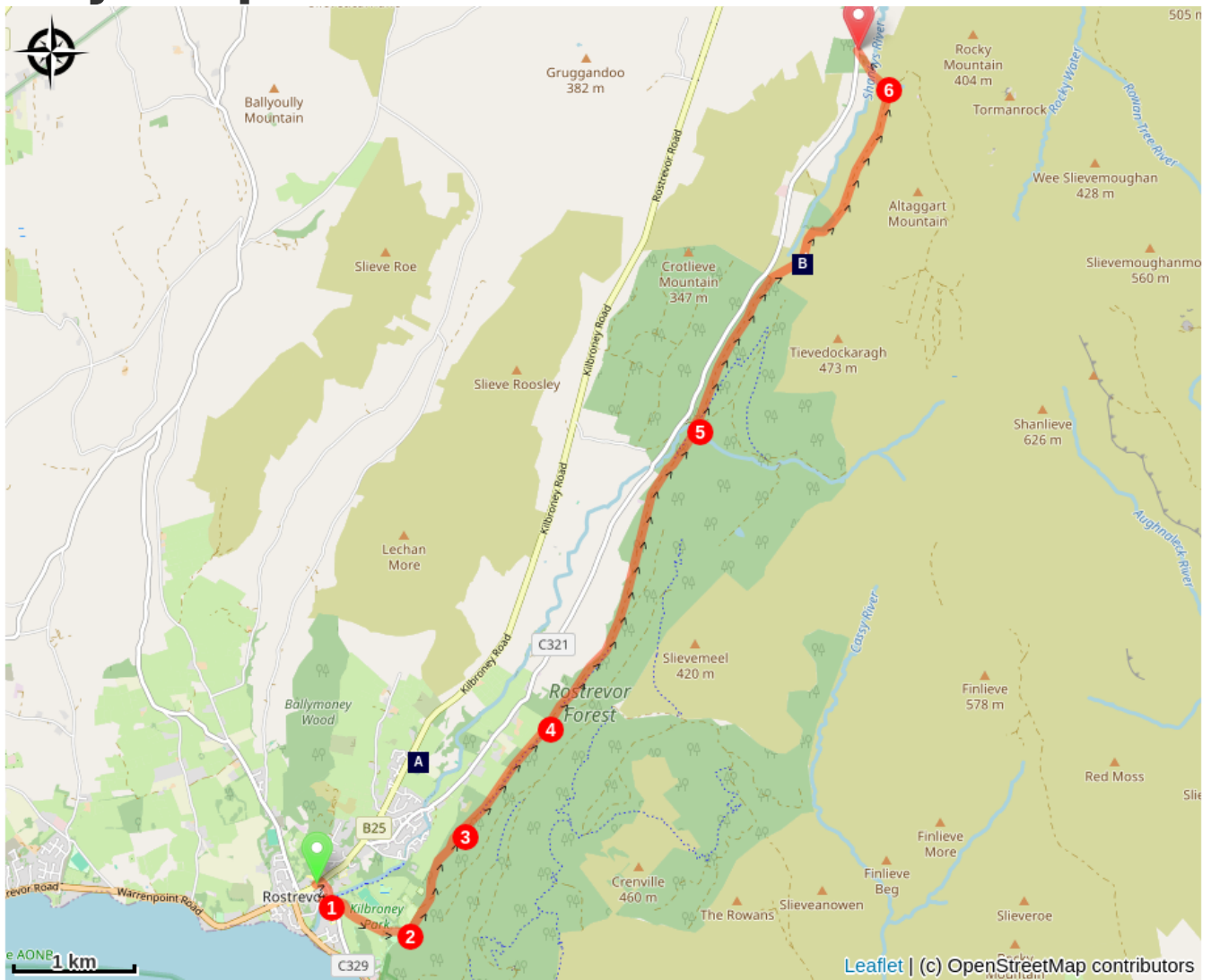


Min elevation 9 m Max elevation 222 m

From the finishing church, walk north-east up Church Street for 50m and turn left into Water Street, which leads down to the River Rostrevor. Reach and cross the stone road bridge:

1. Turn left into the park (signposted St Patrick) and continue along the south-east driveway for 400m, which leads to a car park and picnic area. Pass to the left of The Gloughmore Centre and after 50m join a circular track.
2. Turn right and then left to continue along the no-access road (signposted). Continue for 1km along the axis of the valley (north-east) through Rostrevor forest (waymark).
3. Leave the track on your left which joins Newton Road and runs parallel to the forest track. Continue for 2km along the well-marked forest track until you cross the Yellow Water River.
4. Continue in the same direction for 2.5km. The track turns into a path which leaves the forest, crosses a new stream and climbs a little before joining a new stream.
5. Cross the stream and turn left into the car park (200m).

On your path...



Kilbroney Graveyard (A)



Mourne Mountains (B)

All useful information

How to come ?

Access

The car park at the finish allows you to park a car to return to Rostrevor or to go to Hilltown for accommodation. It is well used, and also offers the opportunity to carpool.

On your path...



Kilbroney Graveyard (A)

‘Cill Bhronaigh, or Bronagh Church (12th century), is located in the churchyard just outside Rostrevor on Hilltown Road. The churchyard contains the late 8th century cross of St Bronagh and a ruined 15th century building. There is also a ‘healing well’ said to cure eye and throat ailments. The 6th-century bell of St Bronagh is on display in the local Catholic church in Rostrevor.

[Find out more here.](#)



Mourne Mountains (B)

One of the most beautiful places in Northern Ireland, this wild granite massif with its rounded, bare peaks is home to numerous lakes and flocks of sheep. It's a great place for walking on mostly well-marked trails.

[Find out more here.](#)