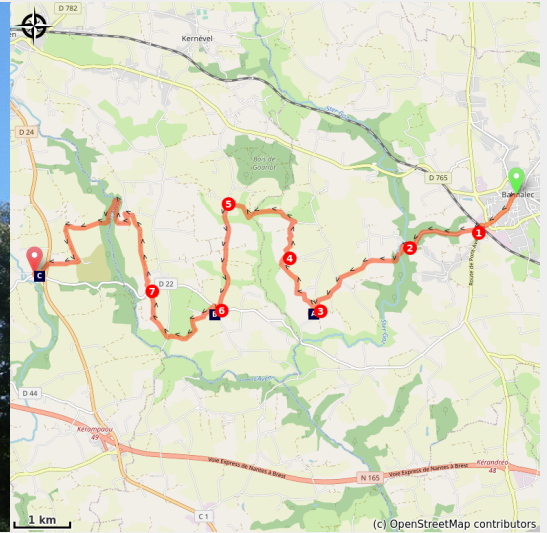


# from Bannalec to Melgven

France - Bretagne



Chapelle du Moustoir - 29140 - Rosporden (Amis Bretons de Colomban)



*The land of the Aven, Cornwall and the sources of the Aven.*

Very pleasant stage through the many valleys of the Pont-Aven hinterland. At the bend in the paths, always as many small chapels or calvaries. (Be very careful to discover the cross hidden on its slope at the place called Kerancornec...).

## Useful information

Practice : Pedestrian

Duration : 4 h 36

Length : 18.6 km

Trek ascent : 316 m

Difficulty : Easy

Type : Step

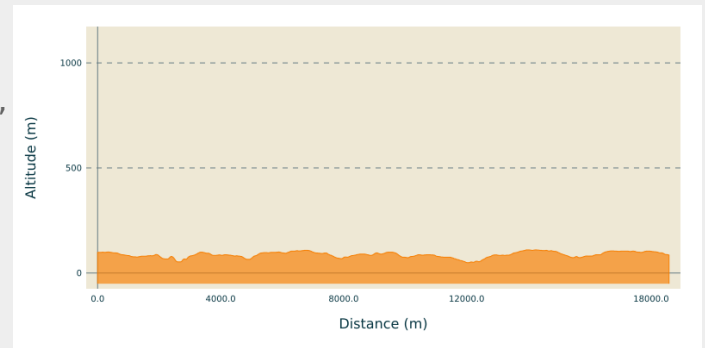
# Trek

**Departure** : Church ND du Folgoët,  
Church Square, 29380, Bannalec

**Arrival** : Trinity Chapel, route de La Trinité,  
29140, Melgven

**Cities** : 1. Bretagne

## Altimetric profile

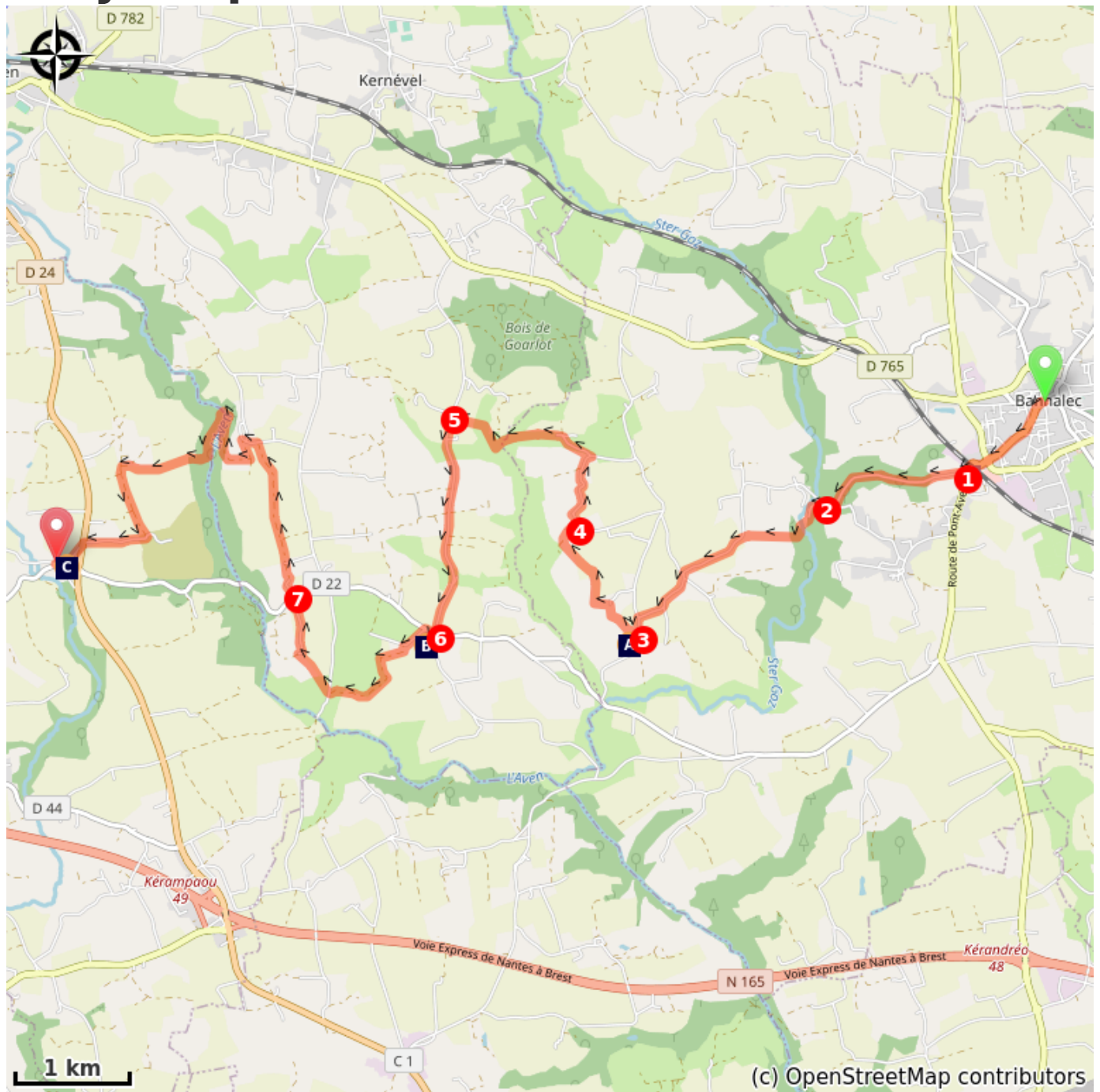


Min elevation 49 m Max elevation 110 m


From the church square, go to the railway station.

1. After crossing the tracks, turn right towards the Moulin du Quinquis. Continue to the Moulin Neuf.
2. At the Moulin Neuf, turn left and continue on the track. Go towards Kerdonval, then Kerbernès.
3. Before Kerbernès and the chapel of Trébalay, take the track on the right towards the village of Ker an Créac'h, then the track of Keriquel Trébalay.
4. In Keriquel, turn left, cross Kerouellec and turn left at the crossroads. At Beg Roz Kerouellec, take the track on the left and go down into the valley of the river " La Véronique ", and go up to the road.
5. At the road, turn left and join the D22.
6. Take the D22 to the right, then, the Chemin du Moustoir to the left towards the chapel. In the village of Moustoir, take the path on the left and, through the moulin du Goël and the Goël, join the D22 again.
7. Cross the road, find the cross in the embankment, and take the track on the left after the bend. Continue the track up to Kerjariou. Join the village, and in this one, take the track which goes down, on the left, towards the sources of the Aven. Cross the Aven and go up towards Guerroué Vihan on the left, then La Trinité on the right.

# On your path...



 Chapel and fountain of Trébalay (A)

 Wayside cross and chapel of Moustoir (B)

 Trinity Chapel (C)

# All useful information

## How to come ?

### Transports

The modes of transport in Brittany are grouped on [Breizhgo](#) and [Mobibreizh](#).

# On your path...

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## Chapel and fountain of Trébalay (A)

Chapelle dédiée à Ste Triphine (mère de St Trémeur, décapité par son père et toujours représenté portant sa tête entre ses mains)

Cette chapelle date du XVIème et XVIIème siècle.

Elle tombe en ruine à partir de 1943. Ce n'est qu'après l'ouragan de 1987 qui détruit la flèche, qu'une association décide de sa reconstruction. Celle-ci se termine en 2008.

Attribution : Amis Bretons de Colomban

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## Wayside cross and chapel of Moustoir (B)

15th and 16th century chapel dedicated to St Maurice located on the historic Tro Breiz.

Attribution : Amis Bretons de Colomban

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## Trinity Chapel (C)

An important stage on the way to the historic Tro Breiz, this chapel was built in the 16th century. It was restored in 1756 and 1856. It was classified as a historical monument in 1915.

Attribution : Amis Bretons de Colomban