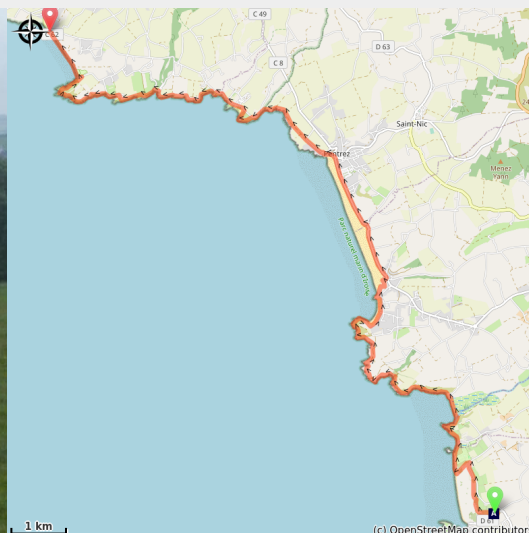


from Ste Anne-la-Palud to Telgruc-sur-Mer

France - Bretagne



Ste Anne la palud (Amis Bretons de Colomban)



The beaches of Douarnenez Bay

Throughout this stage, we will follow the "sentier des douaniers" (customs officers' path) which runs along the bottom of the bay of Douarnenez. Sometimes on the beach, sometimes on the paths at the top of the cliffs. The Brittany of magazines.

Useful information

Practice : Pedestrian

Duration : 5 h

Length : 19.9 km

Trek ascent : 483 m

Difficulty : Easy

Type : Step

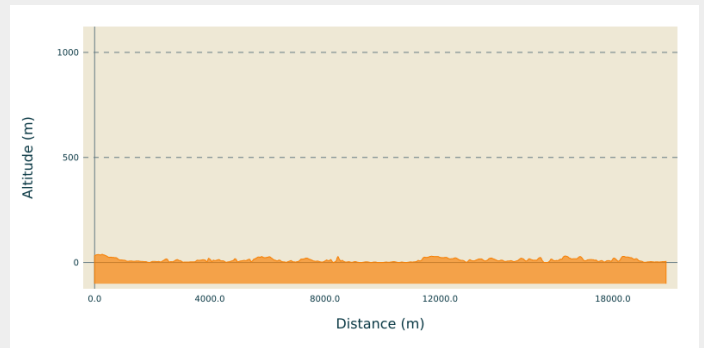
Trek

Departure : Chapel Ste Anne la Palud - 29550 - Plonévez-Porzay

Arrival : Le Ped - Anse du Caon - 29560 - Telgruc-sur-Mer

Cities : 1. Bretagne

Altimetric profile



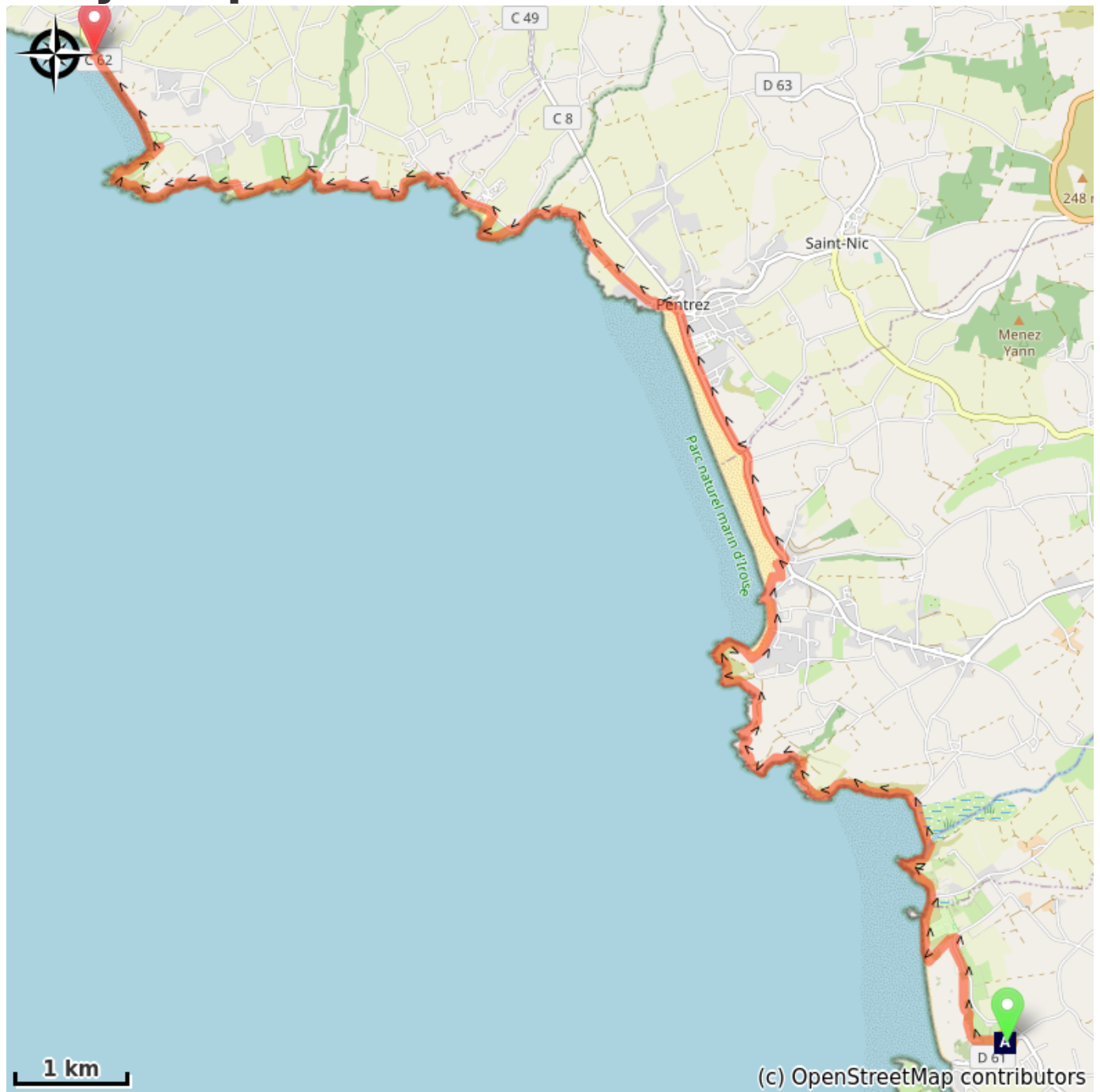
Min elevation -1 m Max elevation 39 m

There is not much difficulty in following this step.

From the chapel of Ste Anne la Palud, join the "sentier des douaniers" marked out in white/red which runs along the beach of Ste Anne la Palud.

Follow this path along the beaches and coastal paths to the beach of Telgruc-sur-Mer.

On your path...



 Ste Anne la Palud (A)

All useful information

How to come ?

Transports

In Brittany, public transport is grouped in [Breizhgo](#) and [Mobibreizh](#).

On your path...



Ste Anne la Palud (A)

The pardon of St Anne la Palud is one of the most important in Brittany and takes place every year in the month of July.

The chapel of Ste Anne la Palud was built in the middle of the XIXth century. The memory of the old sanctuary, which was located in the marshes (palud in Breton) behind the coast, is recalled by the path "hent santez Anna gollet" (disappeared path of Ste Anne).

The statue of Ste Anne sitting next to her daughter Marie was crowned at the pardon of 1913.

St. Anne is called "Mamm gozh ar vretonned" or "the grandmother of the Bretons".

Attribution : Amis Bretons de Colombran