

from Camaret-sur-Mer to Lanvéoc

France - Bretagne







Le port de Camaret (Amis Bretons de Colomban)

La rade militaire de Brest

Brest and its roadstead have long been heavily militarized zones. The tower of Vauban de Camaret was already built to defend it. During this stage we will pass near L'Île Longue where some nuclear submarines are based. The naval airbase and the naval school are located in Lanvéoc. In this context, it might not be appropriate to make a selfie with a drone...

Useful information

Practice: Pedestrian

Duration: 3 h 48

Length: 14.8 km

Trek ascent: 380 m

Difficulty: Easy

Type: Step

Trek

Departure : Chapel ND de Rocamadour -

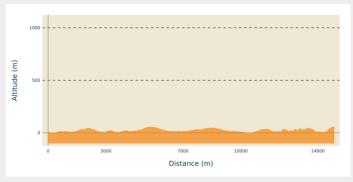
Le Port - 29570 - Camaret-sur-Mer

Arrival: Ste Anne Church - rue de Tal-ar-

Groas - 29160 - Lanvéoc

Cities: 1. Bretagne

Altimetric profile



Min elevation -1 m Max elevation 56 m

From the chapel, go up the furrow and go around the port via the Gustave Toudouze quay and the Kleber quay. At the end of the quay turn left onto the coastal path. Continue along this path following the red and white markings. In the village of Trez Rouz, take the road on the right towards Pen ar Créac'h. At the exit of this village, take the road on the left towards Persuel up to the D355.

- 1. Take the road on the right along the D355 up to the village of St Fiacre.
- 2. After the chapel of St Fiacre, turn left, then right twice to return to the D55 after the crossroads. Follow this road to the left and take the track on the right in the direction of the étang du Fret. Follow the bank of the pond up to the dike.
- 3. Go along the dike between the "Anse du Fret" and the pond, then, going up, take the road on the left to join the marked coastal path. Follow it as far as the Lanvéoc slipway. Go up through the narrow streets and stairs to the church square.

On your path...



ND de Rocamadour (A)

St Fiacre Chapel (B)

All useful information



A Advices

From Camaret, the coastal cliffs are fragile and subject to frequent landslides. Be sure to follow the red and white markings.

How to come?

Transports

In Brittany, public transport is grouped in **Breizhgo** and **Mobibreizh**.

On your path...



ND de Rocamadour (A)

This chapel, located on the Camaret furrow (a natural pebbled ridge), was seriously damaged in its heights on two occasions: first by the English in 1694, whose cannonball decapitated the bell tower (which remained in its original state), then in 1910, during a fire that ravaged its roof. But it is still there !... When Saint Colomban, was named "patron saint of motorcyclists around the world" by Benedict XVI in 2011, a pardon for motorcyclists was launched on the site of Camaret. It takes place on the last Sunday of June and can gather up to 2000 motorcycles. The organisers have had a special statue of Saint Colomban made, which is installed in the chapel of Rocamadour.

To know more about it...

Attribution : Amis Bretons de Colomban



St Fiacre Chapel (B)

Chapels, the oldest parts of which date from the 15th century. Destroyed in part during the Second World War, it was restored in 1965. A 17th century fountain with a wash-house is located next to the chapel. Pilgrims, plunging into the fountain after Vespers, implored St Fiacre to protect them from gall and plague.

St Fiacre is the patron saint of gardeners and his pardon takes place on the last Sunday of September.

To find out more...

Attribution : Amis Bretons de Colomban